

## Informed Consent for the "Motivational DNA study Group"

Permission is requested for your daughter, \_\_\_\_\_, to participate in a psycho-educational study group at Steller. The group will be lead by Anne McCarron, the school nurse. It will meet once a week for six weeks starting Wednesday, March 15<sup>th</sup>. Each session will last approximately 45 minutes and will take place from 2:15 pm to 3 pm in the conference room at Steller.

The goal of the group is to assist your daughter to learn about different motivational styles and how to apply her particular style to successful motivate her in all aspects of life. Participation in the group will be an excellent way for your daughter to learn more about herself and her peers. The group is designed to facilitate self-confidence and increase social skills as well as problem-solving abilities. As the information letter indicates, you can learn more about the group from [www.getmotivated.com](http://www.getmotivated.com)

Although the topic is designed more to be an informational gathering and sharing study group, because group activities are based on a trusting relationship between the group leader and the students, information shared by group members will be kept confidential, except in situations where there is an ethical responsibility to limit confidentiality. Those incidences include information about self-harm or inflicting harm on others.

By signing below you are giving informed consent for your daughter's participation in the group. Please know that participation is strictly voluntary. If you have questions, or concerns please feel free to contact the nurse's office 742-4963.

"I give permission for my daughter to participate in the psycho-educational study group. I understand that participation is voluntary and my daughter can chose not to participate at any time. I also understand that any information shared by her and other group members will be kept confidential except in the situations noted above. "

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_