At Turn in to your advisor by Friday Jan. 16th.

Anchorage School District Parent Field Trip Permission Form and Authorization for Emergency Medical Treatment

To: Se (Name of Sch	ondary			
I/we hereby give permission fo	or our student			
	`\	(Student Name	2)	
to attend the <u>Inow</u>	Day			
at/in. West Chest	(Activity) (A Cagoon n)	on Ja	(Activity Date)	
I/we understand that he/she w	vill be traveling to th	is function via	Walking Type of Transportation)	
Supervision and chaperoning w	ill be provided by th	e Anchorage Sch	ool District.	
It is agreed that the student wi authorities.				
I/we consent to any emergency necessary for the welfare of m of injury or illness while he/sh the district will assume no l treatment. I/we also understan	ly student by a med e is participating in iability or costs fo	ical professional the above stated r such emergen	or medical facility in d activity. I/we unde	the event
I understand that the Dishowever, student accident or to supplement private co	insurance can be	rovide student purchased se	s with accident i parately for initial	nsurance, coverage
Signature of Parent or Guardian Date signed				
Signature of Student				
Emergency Contacts durin	g time of trip:			
Name	_ Phone #	Relationshi	p to Student:	
Name	_ Phone #	Relationshi	p to Student:	
Name	Phone #	Relationshi	p to Student:	
Plance San	backsid	e of	Daper for	More

The Plan:

8:30-Arrive at school and meet in Advisory

9:00-Yoga with Rosa

10:00-Walk to Westchester Lagoon

10:15-11:45-Area activities of student choosing-Skating, x-c skiing, soccer, snowshoeing, etc.

11:45-12:30-Lunch provided by Souper Steller

12:30-Start team activities with visiting 6th graders-relays, soccer, kickball, frolf, biking, s'mores, etc.

*Activities continue until 3:00, so plan on staying if you can. We will walk back with students that need to leave at 2:05, leaving Westchester at 1:45. Parents can pick up students at Westchester Lagoon by 3:00 and anyone still there will walk back to Steller.

Students can **NOT** drive themselves to Westchester, unless they have special circumstances, such as a class at another school. Students need to ask Reed for permission beforehand.

Please let us know your student's plan:

- ☐ My son/daughter needs to walk back to Steller at 1:45.
- ☐ My son/daughter can stay until 3:00 and will walk back to school then.
- ☐ I will pick up my son/daughter at Westchester by 3:00. I understand that they will walk back to school if I have not picked them up by then.

Parents please join us! Parents are invited to join to help or play. We need parents to help Alyse and Michelle at the school in the morning with Souper Steller (email alyse.galvin@gmail.com for more information). We also need help with activity stations in the afternoon. Please email Reed at whitmore_reed@asdk12.org or Leigh Anne at bonney_leigh@asdk12.org if you have questions or want to help. There is also a sign up in the office.

What to wear and bring?

Remember to check the weather before you head out and dress accordingly.

Gear List: (Warm gear is required!)

Winter boots and warm socks (Don't just wear tennis shoes)

Hat

Gloves/mittens

Long underwear and/or snow pants (Don't just wear jeans or leggings)

Warm Jacket

Layers-You can always add or shed a layer as the temperature changes.

Water bottle

Backpack to carry your gear- We are walking over.

Sports equipment you can bring if you have it:

Ice Skates- NO sticks!

Cross Country Skis

Snow Shoes