

ROMIG MIDDLE SCHOOL

2015 - 16

Sports & Activities

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Intramural activities are on-site at Romig, and students *do not* compete against other schools.

Interscholastic activities are district-wide and students *do* compete against other middle schools during the season.

All practices are from 3 - 4:30 pm;
students are to be picked up by 4:45 pm.

PHYSICALS/PARTICIPATION FORMS AND FEES

- ✓ Parents must sign a participation form for each sport and/or activity.
- ✓ Students must have a current physical in order to participate in any sporting activities.
- ✓ An ImPACT baseline assessment must be completed prior to the first practice of any sporting activity. There is a \$5 (non-waivable) fee for this assessment.
- ✓ A \$110 activity fee per interscholastic sport.
- ✓ There is a family cap of \$390 combined high school & middle school activity fees.

INTERSCHOLASTIC ACTIVITIES

X-Country Running (Co-ed)
Girls' Basketball
Volleyball (Girls)
Wrestling (Co-ed)
X-Country Skiing (Co-ed)
Boys' Basketball
Track and Field (Co-ed)

Season Dates

Fri, Aug 21 – Wed, Oct 07
Tue, Sep 08 – Th, Oct 15
Mon, Oct 19 – Sat, Dec 05
Mon, Oct 12 – Th, Dec 03
Thu, Jan 07 – Wed, Mar 02
Mon, Jan 11 – Th, Feb 25
Mon, Mar 21 – Th, May 05

ALL paperwork due by lunchtime on:

THURSDAY--Aug 20th
FRIDAY--Sep 4th
THURSDAY--Oct 15th
FRIDAY--Oct 9th
TUESDAY--Mar 1st
FRIDAY--Jan 8th
FRIDAY--Mar 11th

INTRAMURAL ACTIVITIES*

Flag Football (Co-ed)
Weight-training (Co-ed)
Tennis (Co-ed)

Season Dates

Mon, Aug 31 – Th, Oct 01
Mon, Sep 14 – Th, Oct 15
Mon, Apr 4 – Th, Apr 28

ALL paperwork due

FRIDAY--Aug 28th
FRIDAY--Sep 11th
FRIDAY--Apr 1st

*Dates are tentative.

OTHER ACTIVITIES

- ❖ Spelling Bee
- ❖ Yup'ik Spelling Bee
- ❖ Battle of the Books
- ❖ Talent Show
- ❖ Art Workshop
- ❖ Drama
- ❖ Homework Help
- ❖ Math Counts
- ❖ NYO

Revised 7/24/15