



# FLU SHOT CLINICS

## FREE • DRIVE-THROUGH

### WHEN

Wednesday, September 28

Tuesday, October 4

Thursday, October 6

Tuesday, October 11

Tuesday, October 18

Wednesday, October 19

Wednesday, October 26

6 - 8 P.M. (while supplies last)

### WHERE

Alaska Regional Hospital

2801 DeBarr Road

Anchorage, AK 99508

(in vehicles, please - no walk-ups)

### WHO

Participants 13 and older.

### EXTRAS

Complimentary windshield  
washing & headlight cleaning too!

### BENEFITS OF FLU VACCINATION

- Vaccination is still the best way to avoid contracting influenza
- Protecting yourself from flu also protects the people around you who are more vulnerable to serious flu illness
- Flu vaccination can help shield people at greater risk of getting seriously ill from flu, like older adults, people with chronic health conditions, and young children (especially infants younger than 6 months who are too young for vaccination)
- The flu vaccine may make your illness milder if you do get sick
- Flu vaccination can reduce the risk of more serious flu outcomes, like hospitalizations

### VACCINE INFO

**Quadrivalent** (designed to protect against two influenza A and two influenza B viruses).

**No latex or thimerosal.**

The "high dose" flu vaccine (for people 65 and older) will not be available at this event.



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