

# FREE FLU SHOT CLINICS

## WHEN

### Friday, October 20

- ASD ED Center 9:00- 5:00 PM

### Wednesday, October 25

- Clark MS 12:15-3:00 PM
- Fairview Elem 9:00-5:00 PM
- Service HS 7:00-7:00 PM
- Sandlake Elem 2:30-4:30 PM

### Thursday, October 26

- Clark MS 12:15-7:00 PM
- Fairview Elem 9:00-5:00 PM
- Sandlake Elem 12:30-4:30 PM

## WHO

6 months and older (Available for ASD staff, students, parents and siblings- not enrolled in ASD)

**ASD Staff must bring a photocopy of insurance card.**

**THE POWER TO STOP  
THE FLU BEGINS WITH  
YOU!**

## VACCINE INFO

- **Quadrivalent** (designed to protect against two influenza A and two influenza B viruses).
- **No latex or thimerosal.**
- The “high dose” flu vaccine (for people 65 and older) will have limited availability at this event.
- The flu vaccine has been updated for the 2017-2018 season.
- It takes approximately 2 weeks to build up immunity after getting a flu shot.



Getting an annual flu vaccine is the first and best way to protect yourself and your family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. The more people who get vaccinated, the more people will be protected from flu, including older people, very young children, pregnant women and people with certain health conditions who are more vulnerable to serious flu complications.

**Provided to you by**

**ASD Healthcare Services and Anchorage Dept. of Health & Human Services**

