



Have you ever wanted to write poetry that had something other than a grade attached to it?

Have you ever wanted to feel the thrill of excitement as the audience cheers for your performance?

Here is your chance! In Slam Poetry, you write original pieces that are meant to be performed in front of audiences. You compete between other poets (hence the Slam portion) for the favor of the crowds. Here is a chance to practice within a friendly, encouraging atmosphere and get exposure to an exciting new world.

Teacher: Bob
Grade Level: 7-12
Credit Count: .25 English Elective
Cost: \$0

You passed your drivers permit test -- but now what? Are you ready for the roads? Are the roads ready for you?



Taking a Driver's Education class can increase your confidence on the road, cut your insurance costs, and model good driving habits that will keep us all safe on the roads. This driver education course will provide valuable road skills and knowledge of the law, laying the groundwork for successful graduation from your driver's permit to your driver's license. The class will be instructed by the Alaska Safe Driver Academy, a State of Alaska DMV approved school. **Students must possess a State of Alaska issued Learner's Permit prior to the start of the class.

Questions? Please contact Simone before registering.

Teacher: Simone
Grade Level: 9-12
Credit Count: .25 Elective
Cost: \$625



Want to learn to be an **Ultimate** athlete? Want to spend two weeks outside playing a fun and active game? Then join us for this exciting, non-contact sport! Most days we will walk to and from the park strip to take advantage of the nicer field, where we will learn the rules of Ultimate Frisbee and build our skills with practice games and drills. We will break into “formal” teams for tournaments. To encourage team spirit, teams will come up with names, cheers and will design jerseys. Good sportsmanship and Spirit of the Game will be emphasized. All skill levels welcome. This intensive will be co-taught by Maddy and Claire Day.

Teachers: Ashley & Danielle
Grade Level: 7-12
Credit: .25 Physical Education
Fee: \$5



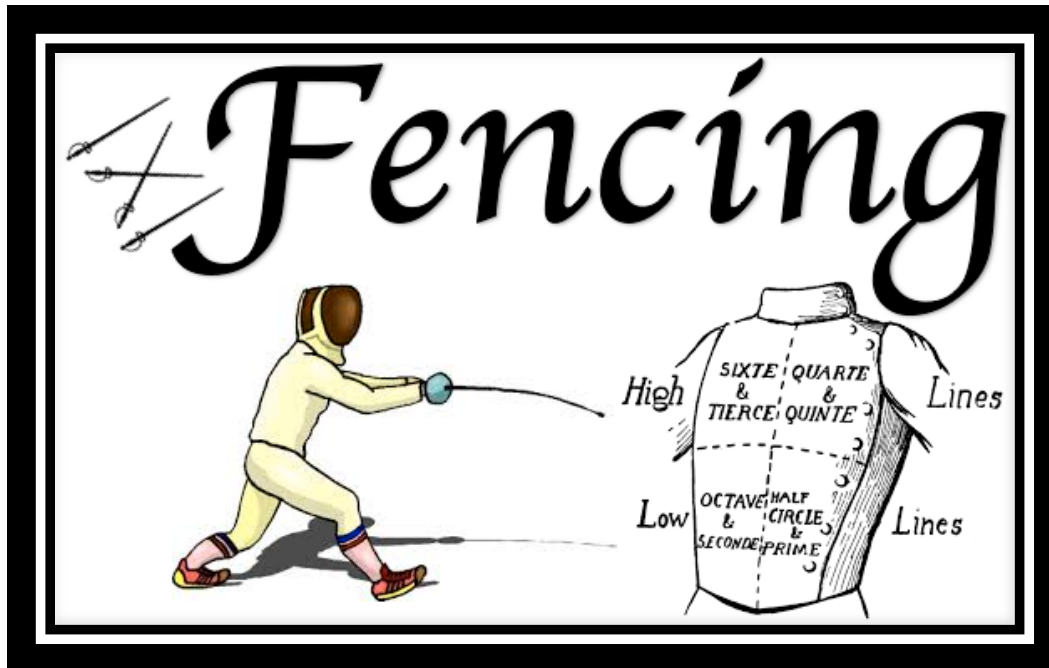
In this intensive students will explore the various aspects of street art. We will delve into the art of graffiti, stickers, wheat pasting, giant stencils, murals, tiling, etc. The class will be organized by exploring famous street artists styles from Banksy to Space Invader with emphasis on the creation of original art work.

Teacher: Philip

Grade level: 7-12

Credit Count: .25 Elective

Cost: Approximately \$75 - TBD



This class is an introduction to the Art of Classical Foil Fencing. Students will learn how to move, defend, and attack using the basic fencing weapon - the foil. Great for developing physical agility and mental focus, fencing is also FUN!

*Fencing develops better eye-hand coordination, physical agility, grace, and balance, while promoting cardiovascular fitness and increased confidence and self-esteem. **All equipment and instruction are provided.** Please wear sneakers and comfortable clothing for this class.*

Miki McKay, a certified foil coach through the Alaska Fencing Club, will teach this class. She has been fencing for seven years, and recently earned her Moniteur de Fleuret (profession level fencing certification). She is also one of the only competitive foil fencers in the state of Alaska.

Teacher: Svetlana

Grade Level: 7-12

Credit Count: .25 Physical Education

Cost: \$250



Students will have two focuses during this course: Understanding basic wilderness medicine in practical scenarios and learning what foods, plant medicines, and tools can be harvested or wild crafted in Alaska.

This first portion of the intensive will be a journey into the world of practical medical knowledge. You will encounter a lot of information while practicing skills and the PAS (Patient Assessment System). This system knowledge is so powerful that professionals ranging from wilderness guides and ski patrol, to EMTs and ER nurses, use it.

If you ski, board, hike, bike, camp, travel, play sports, or want to know more about how your body works then this learning will benefit you. Take a dip into the pool of medical knowledge and see whether pursuing a Wilderness First Responder (WFR), EMT, WEMT, ETT, or degrees in nursing, medicine, or related fields are right for you.

The second half of this class will continue to expand your wilderness skills through plant identification and wild craft as we create a survival kit you can use anywhere in Alaska. Your survival kit will be based on knowledge of edible plants, understanding their medicinal value, building fires, constructing shelters, and other wilderness necessities.

All of these skills will be put into practice in our final 2 ½ days in Eklutna where we will test outdoor knowledge.

Get ready for a journey into the mysteries of our own backyard!

Teachers: Brian & Rosa

Grade Level: 7-12

Credit Count: .25 Elective

Cost: TBD - Approximately \$75 - \$150

Location: 7 days at Steller Secondary and surrounding vicinity/ 3 days at Eklutna

treat
yourself

TO

HIKES

everyday reading

PICNICS

Ice Cream

This intensive will combine walking up to four miles a day on bike trails or mountain trails, individualized reading for an hour a day with books students choose, and food that we incorporate into our routes. Every day we'll head in a different direction to find places to read, eat locally-made ice cream in three different shops, visit two libraries and two museums, and have multiple picnics along the way. Bring your walking shoes, your bus pass, your book, money for ice cream, your lunch, and treat yourself.

Teacher: Becky

Grade Level: 7-12

Credit Count: .25 Elective

Cost: \$0

Spring Mountain

If the idea of having a springtime relationship with nature is your idea of fun, then the Spring Mountain Intensive is for you. This class will deal with the basics of backpacking and wilderness travel. We'll spend the first two days discussing appropriate gear, food, first aid, and map reading. Students **MUST** have appropriate gear for this class, especially footwear. **Well fitting boots are a must** and should be **purchased prior to the class** in time to be broken in for the trips. Not doing so is likely to result in **painful blisters**. Students are required to provide their own gear and food. Much of the gear may be borrowed or rented from REI or AMH. Food may be purchased almost anywhere, but weight concerns will guide your decisions. Beyond the gear issues, with some luck, we'll have good weather for our multi-day trips up Eagle River Valley and the second trip as the weather allows. As always, what we are able to do will be determined by the weather. This intensive is early enough that it may limit our trail options because of snow cover at lower elevations. Nights are also likely to be cool with temperatures that may drop below freezing, so you will need a sleeping bag rated to +20 degrees Fahrenheit or warmer and a sleeping pad (no air mattress). Other than gear, you will need to be in good hiking condition; so walking some distance (1 to 2 miles daily) in the weeks leading up to the intensive would be a good idea. It is not likely that we'll see any wildlife close up, because of the size of our group, but having a pair of binoculars is always handy for viewing things at a distance. Beyond this, the wilds of Alaska always provide some of the most spectacular viewing in the world and should provide us with plenty of breathtaking moments that you will be able to capture on camera, should you choose to bring one.

One final note; we will need at least one chaperone on each of the trips and will need more than one to help with the driving to and from trail heads, so if your parents can help with either the driving, chaperoning, or both please have them contact Ken at Steller. The following is the itinerary for the intensive.

- May 7-8 Classroom and Day hikes
- May 9-11 Backpack the Eagle River Valley Trail (20 miles round trip)
- May 12-13 Weekend off
- May 14 Debrief last trip and plan for the next one
- May 15-18 TBA, but could be Caines Head, Eklutna Lake/Glacier, Resurrection Trail, etc.

Teacher: Ken

Grade Level: 7-12

Credit Count: .25 Physical Education or Elective

Cost: \$25



Have you ever wanted to make a computer generated imagery (CGI) spaceship? How about animating a person? In this intensive, you will be able to design literally anything using a program called Blender. **Blender** is a professional, free and open-source 3D computer graphics software toolset used for creating animated films, visual effects, art, 3D printed models, interactive 3D applications and video games. Blender's features include 3D modeling, UV unwrapping, texturing, raster graphics editing, rigging and skinning, fluid and smoke simulation particle simulation, soft bod simulation, sculpting, animating, match moving, camera tracking, rendering, motion graphics, video editing and compositing. It also features an integrated game engine.

In the first week, you will learn how to fully utilize Blender in order to get on to the real essence of design in the second week.

Our base of operations will be the computer lab since this is a computer based intensive. Students are encouraged to bring their own laptops. It is more than likely that they are more powerful than the computers in the computer lab; however it is not required. This intensive will be co-taught by Connor Callahan.

Teacher: Mike

Grade Level: 7-12

Credit Count: .25 Elective

Cost: \$5



The idea here is to participate in a variety of activities for fun that inspires a healthy lifestyle. Some of the activities I have in mind are tennis, golf, biking, hiking, frof, ultimate, lacross, soccer, and rock climbing. It is my intent to have a meeting to discuss as a group what activities we will actually do.

Teacher: Troy

Grade Level: 7-12

Credit Count: .25 Physical Education

Cost: \$0+ - TBD based on the agreed upon activities



How to Paper Mache



With a focus on set and prop design, participants, alone and in small groups, will have the opportunity to learn to use paper, glue and wire to produce life-like objects.

Some of the designs will be assigned and some will be of your own choosing.

You will be expected to produce increasingly large and/or intricate objects ending with a "life sized" final project. Participants are expected to provide, for themselves:

- cardboard storage box
- old news paper
- protective work gloves
- eye protection
- rubber gloves (not latex)
- paint brushes & paint supplies
- etc.

Teacher: Marla

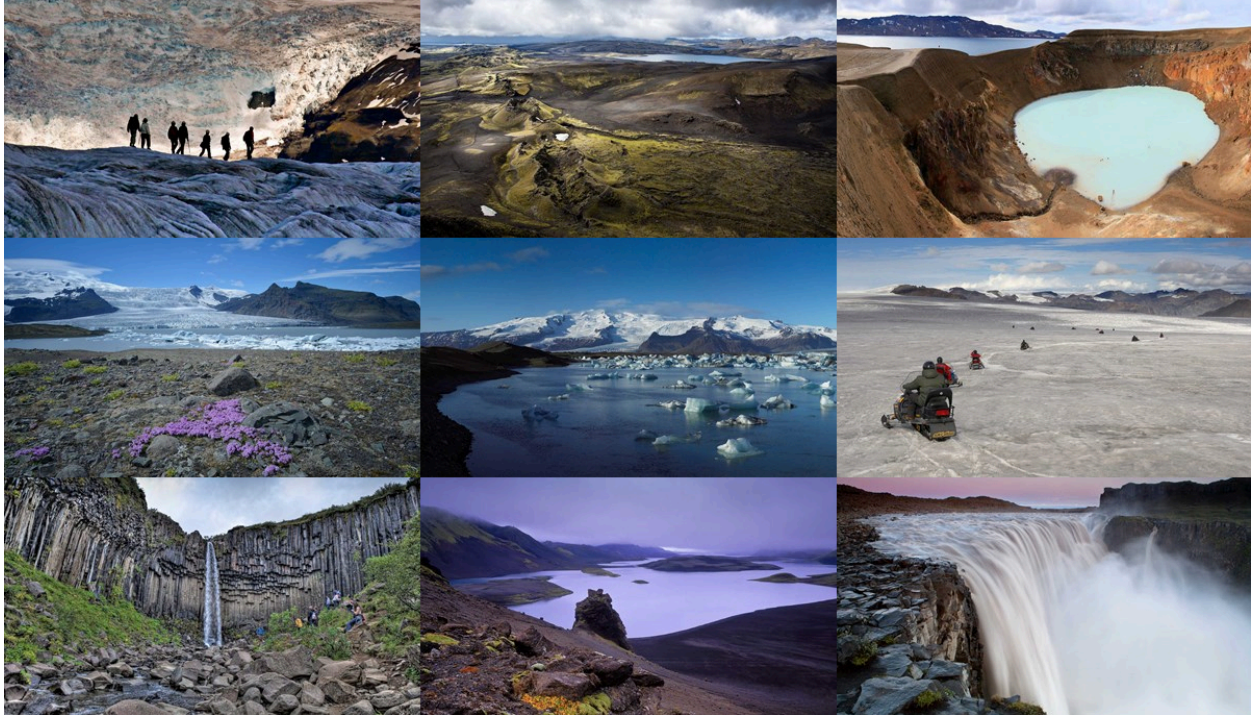
Grade Level: 7-12

Credit Count: .25 Elective

Cost: \$25 or less for wire, chicken wire, water proof drop cloth, paint, etc.



ICELAND



Come to Iceland and see all that this unique island has to offer. Visit Reykjavik, the capitol, and learn the history surrounding this area. Tour geographical hot spots like hot springs, volcanoes, waterfalls, and a geothermal plant. Learn about local wildlife with a whale cruise.

Teachers: Jason & Leigh Ann
Class is FILLED