

From SOUND



MUSIC

Come explore dance, music expression and singing.

Week one we'll experience:

**Dance for life, fitness, and fun
Nontraditional instrumentation**

Physics of music

Voice coaching and karaoke

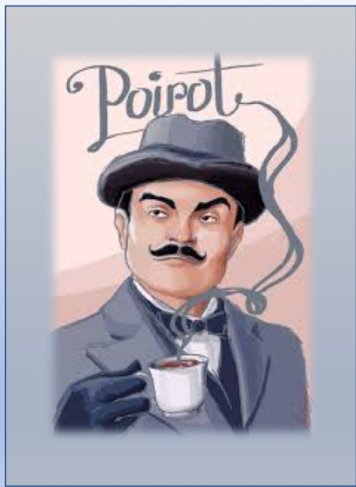
Experimentation with the effects of music

Week 2 you will pair music with trailers, hear the effects of a soundtrack on a movie, and develop a project or talent show act to present Thursday followed by desserts and dance.

Teachers: Becky & Louisa

Credit: .25 Elective

Cost: Free



Who Dunnit???

THIS INTENSIVE WILL BE AN EXPLORATION OF THE DETECTIVE/CRIME STORY GENRE. WE WILL START AT THE BEGINNING WITH EDGAR ALLAN POE AND MOVE THROUGH TO THE MODERN ERA. STUDENTS WILL GET TO MEET FAMOUS DETECTIVES LIKE HOLMES, POIROT, AND SCOOBY DOO. THERE WILL BE A MIX OF ANALYSIS AND CREATION THROUGHOUT THE INTENSIVE.

TEACHER: BOB

CREDIT: .25 ELECTIVE

COST: FREE



Tiny House Skills

try it

tiny

Two weeks is not enough time to physically build a tiny house for people (it took Brian and his wife a whole summer), but it is enough time to develop a design, practice using common power tools, and collectively build a couple of, “Tiny Tiny Houses” for smaller inhabitants (chickens, dogs, etc)!



You will research the philosophy and physical features of tiny houses, design using modern methods, learn actual physical building skills, and build both models and real, “Tiny Tiny Houses.”

Included skills:

- Sketch Up (a basic 3D design program, similar to the CAD software used in many professions)
- Power tools including various saws, drivers, drills, finishing and specialty tools
- Basics of planning and building codes (the rules)
- Insulation and the dreaded Dew Point
- Simple electrical wiring
- Construction of chicken coop, dog house, etc. (class decision)



Teacher: Brian

Credit Count: .25 Elective

Cost: TBD

- *Cost based upon the project you choose to create*
- *Cost for each Tiny Tiny House forth coming*

WANTED

**PIONEERS, HOMESTEADERS, MINERS,
MISSIONARIES, FARMERS, SETTLERS,
PEACEKEEPERS, BUSINESS OWNERS!**

THE OREGON TRAIL AWAITS!

**A NEW LIFE AWAITS YOU IN THE WEST, IN THE BEAUTIFUL
WILLAMETTE VALLEY OF OREGON. WAGON TRAINS ARE
LEAVING FROM INDEPENDENCE, MISSOURI EVERY WEEK. DON'T
MISS YOUR CHANCE TO BE A PART OF HISTORY. ADVENTUROUS
PEOPLE OF ALL TYPES WILL BE NEEDED. SIGN UP TODAY!**

ACTIVITIES DURING THIS INTENSIVE WILL INCLUDE:



- +BUILDING A WAGON TO FLOAT ACROSS A RIVER
- +OUTFITTING YOUR WAGON TRAIN
- +PREPARING FOOD
- +COMMUNICATING WITHOUT LANGUAGE
- +FOOD GATHERING
- +ROUTE FINDING
- +KEEPING A JOURNAL
- +ENCOUNTERS WITH INDIGENOUS PEOPLE SIMULATION
- +READ ACCOUNTS OF PIONEERS
- +DAILY TASKS TO MOVE ALONG THE TRAIL
- +WAGON TRAIN FIRST AID

COST: \$25



America at War, at Times with Itself

Using the Ken Burns documentary “The Vietnam War” as a backdrop, this intensive will study how the United States became entangled in Vietnam, what factors lead to our escalation of the conflict, and why in the end we went home. We will also explore the deep divisions within America that the war pushed to the surface which almost tore the country apart, and simultaneously planted the seeds of cultural, political, racial, and social changes which still impact us today.

When considering this intensive please consider that images of war, no matter when they were taken can be disturbing.

Teacher: Mike

Credit: .25 Elective

Cost: Free



Steller 2018 Ski/Snowboarding Intensive Prices

Lower Mountain Beginner Packages

Skiing Lesson and Lift	\$45x9=\$405+\$141=\$646
Skiing Lesson, Lift, and Rental (Helmet Included)	\$60x9=\$540+\$141=\$681
Skiing Lesson Only (for season ticket holders)	\$30x9=\$270+\$141=\$411
Snowboarding Lesson and Lift	\$45x9=\$405+\$141=\$646
Snowboarding Lesson, Lift, and Rental (Helmet Included)	\$60x9=\$540+\$141=\$681
Snowboard Lesson Only (for season ticket holders)	\$30x9=\$270+\$141=\$411

Upper Mountain Intermediate/Advanced Packages

Skiing Lesson and Lift	\$60x9=\$540+\$141=\$681
Skiing Lesson, Lift, and Rental (Helmet Included)	\$75x9=\$675+\$141=\$816
Ski Lesson Only (for season ticket holders)	\$30x9=\$270+\$141=\$411
Snowboarding Lesson and Lift	\$60x9=\$540+\$141=\$681
Snowboarding Lesson, Lift, and Rental (Helmet Included)	\$75x9=\$675+\$141=\$816
Snowboarding Lesson Only (for season ticket holders)	\$30x9=\$270+\$141=\$411

The difference in prices between the Upper and Lower Mountain packages is \$15/day. All other costs are the same. The additional \$141 fee is for estimated transportation costs by bus to and from Alyeska based on a class size of 20 students.

Students staying at Alyeska in lodging with their parents/relatives must be delivered and picked up at the day lodge by the responsible adult and must have the adult check in with Ken when dropping off and picking up.

This is ASD policy. Students violating this policy risk being dropped from the class.

The intensive runs from Monday, Dec. 10 through Thursday, Dec. 20, excluding the weekend. We will be leaving from Steller at 9:00am and return by approximately 5:00pm every day. Students may leave their gear overnight in Ken's room where it will be locked up overnight.

It is imperative that fees are paid in full online in Parent Connections ASAP to make sure we have a class.

Teacher: Ken

Credit Count: .25 Elective

Cost: See Above



How to Survive in the Real World

This class will focus on the skills that you will need to prepare for life after high school. Topics will include:

- College and job application skills (interviews, resumes, college applications);
- Personal finance-taxes, credit cards, budgeting;
- Decorum/communication;
- Basic cooking skills;
- Basic home repairs, like how to unplug a garbage disposal;
- Basic sewing skills;
- And much more.

We will be working as a class, in small groups, and individually on projects and topics. Each student will have time to work on a personal life preparation activity-such as looking for a summer job, looking into colleges/careers, setting up a budget for your first year of college, etc.

Teacher: Leigh Anne

Grades: 9-12

Credit: .25 Elective

Cost: \$30



Skin Art

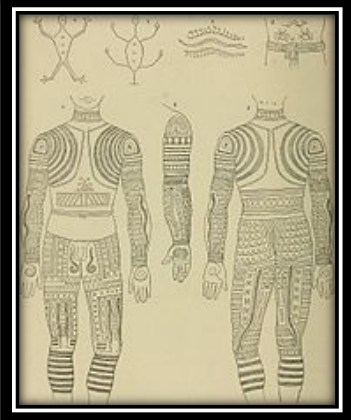
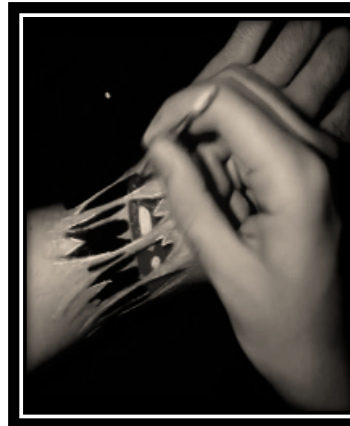
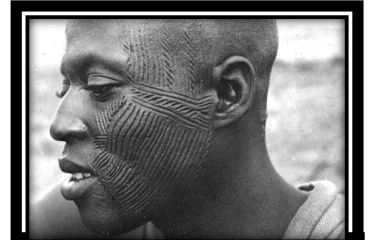
Explore the history and significance of human skin adornment. The skin has been used as a canvas for religious expression, spiritual connection, social identification and healing since the beginning of human civilization.

Students will research and replicate historical skin adornment techniques using paint and prosthetics as well as modern techniques used in advertising, entertainment and competition.

Teacher: Marla

Credit: .25 Elective

Cost: \$35





Brazilian Jiu-jitsu and Becoming Bully-Proof

Brazilian Jiu-jitsu is a grappling martial art based upon the use of proper technique and leverage to defend oneself against assailants. BJJ is used for self-defense and for sport grappling. BJJ teaches that a smaller, weaker person can successfully defend against a bigger, stronger assailant by using leverage and proper technique. Brazilian Jiu-Jitsu training can be used for sport grappling tournaments or self-defense.

Live drilling plays a major role in training. Jiu-Jitsu is a contact sport and students will get bumps and bruises and may be sore from physical exertion. Students will participate in proper stretching techniques, drilling of jiu-jitsu positions, and then the application of these techniques in live rolling.

Once again, there is physical contact in this intensive as it is a grappling sport. Students will get bumps and bruises as well as an excellent workout. Please contact Philip with any questions you may have about this intensive.

TEACHER: Philip

CREDIT: .25 Elective

PREREQUISITES: Mouth Guard & Athletic Wear

COST: \$100 approx.

**BECOMING
Bully Proof**



Rock Climbing

For students that are interested in rock-climbing, this is your chance!! This intensive will be put together in conjunction with the Alaska Rock Gym. In this intensive we will be learning the basics to rock-climbing in an indoor environment focusing on form, flexibility, balance, and strengthening. We will also be learning proper safety technique for climbing and getting our belay certification, make chalk bags, watch climbing videos, and explore some cross training options all while having fun!!! I am excited to be able to spend time climbing with all of you while we inspire each other to greater heights.

Teachers: Rosa
Credit: .25 Elective
Cost: \$145





Ciao studenti Steller! This December Steller students will be walking the ancient roads of Italia and Ε λ λ ά δ α! (That's Greece to you and me)! In Italy, students will visit the Vatican Museum, Sistine Chapel, St. Peter's Basilica and the Colosseum in Rome. They will travel onto Florence to the Gates of Paradise, Giotto's Bell Tower and Dante's House. After a train ride to Naples, students will tour Pompeii and then catch an overnight ferry to Patras Greece!

While in Greece, tours will begin in Delphi at the Temple of Apollo and the Parthenon, and end with a treasure hunt in Plaka. The next day in Athens, they will visit the Temple of Athena Nike and the Temple of Olympian Zeus.

Along with all these wonderful tours and sights to visit, Italy and Greece are home to some of the best foods in the world. Come and enjoy an authentic trattoria dinner, a traditional Italian pizza, Italian Ice and Gelato, a traditional Greek dinner, a Gyro and Baklava. Prepare to enjoy!!!

Teachers: Simone & Svetlana
Credit: .25 Elective

Intensive is Full



Indoor / Outdoor Sports

Would you like to engage in a variety of indoor and outdoor sports for a change? Sports like skiing, bowling, swimming, skating, gym hockey, soccer, rock climbing and more? Then this is the intensive for you. Be a part of planning before the intensive begins. We will design our activities around sports you would like to discover. Staying with the philosophy of Steller, 100% participation will be expected.

Teacher: Troy

Credit: .25 Elective

Cost: \$150 – may vary based on activities

