

Winter Outdoor Sufferfest
“A Fine and Pleasant Misery”
With Leigh Anne



What exactly is this Intensive about?

This Intensive will be an outdoor focused Intensive, where we will participate in outdoor camping, hiking, and backcountry safety and access. Topics that will be covered will be avalanche and winter safety; outdoor recreation (hiking, skating, snow shoeing, skiing, etc.); and winter camping.

What activities will we be doing?

Specific activities will be dependent on the interests of students, equipment available, snow/weather conditions, parent drivers, and organizations that are willing to work with us. Possible activities include:

- An introductory avalanche course (This will **not** be a level one course)
- Hiking, ice skating, snow shoeing, and/or cross country skiing.
- A three day overnight trip to the Summit Lake area to stay in the Manitoba Yurts

Why is it subtitled “A fine and pleasant misery”?

The weather in Alaska is unpredictable and often terrible in December, but we will be going out in it: rain, shine, or snow. You will have fun, if you choose to and are prepared for the weather. Think type 2 fun.

What equipment will you need?

Everyone needs proper winter clothes and warm footwear. Students will also need either cross country skis or snowshoes (these can be rented or borrowed) and a sleeping bag (which can be borrowed).

Cost ??? Probably \$100-\$150 That will cover cabin rentals, dinners and breakfasts while camping, busing, and an introductory avalanche day. Remember there are fee waivers for those that need it.

Prerequisites: Be moderately fit, grit, a positive attitude

Credit: .25 PE Winter Sports H6674